



**Mission: To mobilize the Falmouth community to reduce substance abuse in youth.**

**Levels of Support for Coalition Members (September 2011- August 2012)**

I hereby acknowledge membership in the Falmouth Prevention Partnership in the following capacity:

**(CHECK ALL THAT APPLY)**

- Level 1** Support the mission of the Falmouth Prevention Partnership by receiving email updates for collaboration of community wide efforts.
- Level 2** Provide the coalition with additional resources such as utilization of space, in-kind services or funding.
- Level 3** Participate in coalition projects, events or activities by getting involved and/or volunteering time and effort as a member of a working team. Please specify project(s) for your participation. (See complete project descriptions and volunteer activities on page 2)
  - Guiding Good Choices
  - Parents Who Host Lose The Most
  - Project Sticker Shock
  - Youth Volunteerism
  - National Prescription Drug Take Back Day
  - Teen Center Programming
  - Falmouth Prevention Partnership Website

Signature \_\_\_\_\_

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best Time of Day to Reach You: \_\_\_\_\_ Best Way to Reach You (Circle One): Phone or Email

**THANK YOU**

## SEPTEMBER 2011 – AUGUST 2012 PROJECTS with Volunteer Opportunities

**GUIDING GOOD CHOICES:** Skill building program for parents/guardians to help build family bonds, establish and reinforce clear and consistent expectations for behavior, reduce family conflict through effective communication and teach children skills to resist peer influences. **Volunteers needed to help with planning and marketing.**

**PARENTS WHO HOST LOSE THE MOST CAMPAIGN:** *'Parents Who Host, Lose The Most: Don't be a Party to Teenage Drinking'* is a national campaign to educate parents about the health and safety risks of serving alcohol at teen house parties and increases awareness of and compliance with state underage drinking laws. **Volunteers needed to be part of a team to implement this social marketing initiative in our community.**

**PROJECT STICKER SHOCK:** A public awareness campaign geared toward preventing underage drinking by informing the community about the Massachusetts laws and consequences of providing alcohol to minors. **Volunteers needed: (1) Youth and adults to work on teams to place stickers and posters in local package stores (3-5 hours over a weekend in November 2011); (2) To implement the media campaign; (3) To follow up with retailers post Sticker Shock event.**

**YOUTH VOLUNTEERISM:** A community awareness project to encourage youth to volunteer in the community in healthy and challenging ways. Because volunteer work is part of a solid foundation necessary for making healthy choices, a Falmouth student volunteer is recognized each month in an article in the Falmouth Enterprise newspaper. **Youth and adult volunteers needed: (1) Recruit youth for articles; (2) Compile local youth volunteer opportunities and publish a resource handbook; (3) Market and distribute handbook.**

**NATIONAL PRESCRIPTION DRUG TAKE BACK DAY:** A one day, nationwide event sponsored by the Drug Enforcement Agency to encourage residents to turn in unused or expired medication for safe disposal. The long term goals of the Take Back event are to lessen prescription drugs in our homes, reduce the number of break-ins into private homes, and reduce the measurable amount of prescription drugs in the water supply on Cape Cod. **Volunteers needed: (1) Adult team leader to coordinate the implementation of this event; (2) Youth and adults for marketing and distribution of flyers; (3) Adults to collect Rx drugs the day of the Take Back event.**

**TEEN CENTER PROGRAMMING:** The FPP, the Falmouth Recreation department, and Together We Can are working to increase programming at the Teen Center for 6-8<sup>th</sup> grade youth. This age group has been determined to be at risk for experimentation of substance use. Three social events will be planned over the next school year (2011-2012). **Youth and adult volunteers needed: (1) Gather ideas from youth regarding potential themes for events; (2) To plan and organize each event; (3) To serve on a team of chaperones for events (must be 15 years or older).**

**FALMOUTH PREVENTION PARTNERSHIP WEBSITE:** ([www.falmouthprevention.org](http://www.falmouthprevention.org)) The purpose of the website is to provide reliable information to the community regarding substance abuse prevention; healthy lifestyles, parenting tips, what the Falmouth community is doing to reduce substance abuse by youth and how to get involved. **Youth and adult volunteers needed: (1) Interest and skills in computers; (2) Skills in social media marketing; (3) Interest in doing prevention research.**

